



Drug policy at the regional level on the example of the Masovian Province

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Masovian Province

- The Mazovia region is one of 16 in Poland
- It is located in the central part of the country and is the largest and most numerous in terms of population
- The capital of Poland – Warsaw is located in Mazovia.

Masovian Centre for Social Policy (1)

The Masovian Centre for Social Policy (MCPS) was established on 30 August 1999 by Sejmik of Masovian Province pursuant to Resolution No. XV/66/99. The MCPS is a unit of the regional government with a status of regional social policy office. The MCPS works across the whole of Masovian province and is based in Warsaw. The MCPS is a publicly funded agency. In implementing its objectives the MCPS collaborates with the central government, local government, NGOs, legal entities and religious associations.

The MCPS's mission is to reach objectives specified in the Masovian strategy for social policy and achieve socially observable positive results in its crucial points; for instance: substance abuse and domestic violence, poverty, senility, unemployment, disability.

Masovian Centre for Social Policy (2)

In 2000, the MCPS developed the first regional drugs strategy 2000–2004. The regional strategies include goals and courses of action included in national drugs strategies. The strategies are developed based on the assessment of drugs and drug addiction in the province of Masovia. Most often these projects are conducted along with the National Bureau for Drug Prevention.

Main goal of the current 2017–2020 strategy: Reducing the use of drugs and substitutes and related social and health problems. Within this main focus are 4 areas: 1: prevention, information, education, 2: treatment, 3: research and monitoring, 4: international and national cooperation.

Masovian Centre for Social Policy (3)

An important role in the development of the strategy was played by the Regional Drug Information Expert, who was responsible for coordinating the strategy activities. The MCPS attaches a lot of importance to systematic improvement of methodological knowledge and skills within professional groups who implements tasks related to substance abuse prevention.

Masovian Centre for Social Policy (4)

The Addiction Prevention Department implements the Masovian Drugs Strategy and the Masovian Strategy for Preventing and Solving Alcohol-related Problems. The department also develops strategies and programs. It supervises scientific projects, analyses reports and assessments which later provide grounds for alcohol and drug prevention strategies.

Addiction Prevention Department (1)

Our activities:

We shape alcohol and drug policies in Masovia and our personal priority is launching such training programmes that raise qualifications of professionals dealing directly with substance abuse.

We take care that drug and alcohol prevention specialists at local level have access to up-to-date knowledge and consequently conduct effective actions for their communities thanks to the MCPS support.

Addiction Prevention Department (2)

Our activities:

We cooperate with local governments, scientific institutions, universities and NGOs in implementing tasks under regional strategies. We organize seminars, training courses and conferences for different professional groups who deal with substance abuse. We provide them with assistance and technical support on a regular basis.

We develop training programmes addressed to local governments under the addiction prevention strategy. We initiate and conduct meetings aimed at sharing information among different professional groups working in the substance abuse field at local level.

We conduct regular surveys in the region of Masovia. We publish articles on substance abuse prevention in the bulletins of the Masovian Centre for Social Policy and the „Mazowsze” monthly and other specialized publications.

Department of cooperation with non-governmental organizations on alcohol problems and drug abuse prevention (1)

Prevention of addiction – depending on the degree of danger – is conducted on three levels prevention: universal, selective, indicating. Actions taken in 2016 were carried out at all levels: universal, selective and indicative prevention.

Non-governmental organizations and entities listed in art. 3 sec. 3 act about public benefit and volunteer activities, as a result of an open call for tenders, public tasks and grants were awarded for the implementation of tasks in the area of the prevention of addictions and social pathologies, in the sub-area – actions in the field of counteracting drug addiction.

Department of cooperation with non-governmental organizations on alcohol problems and drug abuse prevention (2)

Universal prevention...

As part of the implementation of the tasks, workshops for prevention of addiction and prevention of HIV / AIDS interesting, age-appropriate methods (eg multimedia debate, brainstorming, theater-drama workshops) were conducted for children and youth. Psychological-therapeutic counseling was provided. Prophylactic activities were supported among other educational institutions developing interests, organizing trips to cultural places

Department of cooperation with non-governmental organizations on alcohol problems and drug abuse prevention (3)

Selective and indicative prevention...

Within the framework of the selective prevention program, youth professionals (employees of educational, intervention and assistance institutions) were trained in the implementation of programs recommended by KBPN, PARPA, IPiN, ORE such as Fred goes net, PWR 10-14 and CANDIS and TOUCAN.



Department of cooperation with non-governmental organizations on alcohol problems and drug abuse prevention (4)

Treatment, rehabilitation, harm reduction and social reintegration...

In the course of the tasks, there were organized educational meetings and consultations with experts: infectious disease physician, gynecologist, personal development trainer, memory specialist, sex educator, psychologist and lawyer. Personal development workshops, sexual health workshops, psychoeducations – psychosocial skills, communication, assertiveness combined with the ability to relieve tension.

Addiction Prevention Department

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Department of cooperation with non-governmental organizations
on alcohol problems and drug abuse prevention (3)

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for the presented activities MCPS in 2016 spent nearly 500 000 PLN
– 120 000 EUR

Network of regional experts on information on drugs and drug addiction.

Thank you for your attention:)

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